"Products great enough to put your name on. TM"

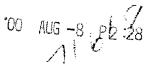
powers

## RELIANCE VITAMIN COMPANY, INC.

185 Industrial Parkway - Unit C Branchburg, NJ 08876-3484

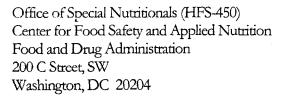
TEL: (908) 218-1221 • FAX: (908) 218-0195

e-mail: reliance@eclipse.net



JUL 18 2000

July 6, 2000



Dear Sir or Madam:

This is notification that Reliance Vitamin Company, Inc. of Branchburg, New Jersey has marketed two products with structure/functions label claims as permitted under the Dietary Supplement Health and Education Act of 1994. Each of these products was sold into interstate commerce starting June of 2000.

BRAND NAME	PRODUCT NAME	STRUCTURE/FUNCTION CLAIMS
Foremost Supplements	"Prostate Support"	"Prostate Support"
Foremost Supplements	"Glucose Support"	"Glucose Support", "helps support normal blood sugar balance"

I certify that I believe the information presented and contained within this notice to be accurate and, that I believe the company has substantiation that the statements found herein are truthful and not misleading.

Sincerely,

Ken Choat Director, Regulatory Affairs